Outdoor Adventure Skills
Ontario College Certificate (2 semesters)

**START IN SEPTEMBER 2019**
- Classes begin: September 03, 2019
- Offered at: Frost Campus
- Program code: OAS
- Tuition (Domestic): $3,221.20*
- Tuition (International): $9,472.36*

* Tuition and fees subject to change.

**PROGRAM COORDINATOR**
- Val Bishop
- 705-324-9144 ext. 6754
- val.bishop@flemingcollege.ca

Do you love the outdoors? With the Outdoor Adventure Skills program you can hone your skills and obtain certifications required for prospective employment in this sector.

**Program Highlights**
Do you like working with people? The two-semester Outdoor Adventure Skills certificate program is designed for those who love the outdoors, and want to develop their skills, to train and certify prospective adventure tourism employees, and provide specialization for tourism or recreation students. You can obtain several certifications in this one program, in one timeframe, at one location. To acquire these certifications would ordinarily require travel all across Ontario, throughout the year. Certification is a verification process. A certifying body sets the criteria for acceptable standards. A service provider meets and tests for those standards before granting certification. In this program, you can obtain provincial, national and international certifications. These include:

- Basic Canoeing Level 3
- Canoe Tripping Level 2
- Wilderness and Primitive Skills
- Certified Hike Leader
- Bronze Cross swimming qualifications
- Wilderness Advanced First Aid
- Ice Safety

See the Outdoor Adventure Certifications and Training page for more information on certifying bodies, jurisdiction, course hours and content. You will also find information about training offered in the program.

Training provides skills and knowledge to lead effective programs and expose students to the range of skills and programs in the outdoor adventure industry. Certification and trainings, combined with trip planning, trail design and construction, risk management, leadership and program planning are an attractive skill set to employers.
Two field camps, in Fall and Winter, will give you the opportunity to really hone your teamwork and leadership skills - essential requirements for successful outdoor expeditions. As well, you will get a chance to participate in activities such as mountain biking, natural face rock climbing, winter camping, snowshoeing, cross country skiing, and dog sledding.

In addition to a diverse range of field experiences, the program includes visits to a variety of outdoor centres and the Canadian Canoe Museum.

In this program, you will spend almost as much time outdoors as inside the classroom, with three days of classes and two days of adventure skills and certifications training per week. You will develop professional skills while you experience personal growth and gain a deeper appreciation for the outdoors and the natural environment.

Upon graduation, you may decide to seek employment or to continue your education in a related program, such as the Outdoor and Adventure Education Diploma.

**Program Mission Statement**

We strive to provide a focused curriculum using outdoor experiential and traditional classroom techniques founded in sustainability, civic mindedness, self-esteem and respect for individual differences. We are able to meet the diverse needs of learners who enjoy alternative forms of learning and who wish to develop their leadership skills and foster a deeper connection to nature within others and themselves.

**Is this You?**

To enjoy the Outdoor Adventure Skills program, you do not have to be an athlete. The program has elements best suited for the reasonably fit, active individual. However, certain field trips and the field camps can be physically demanding. You will be riding, paddling, hiking and skiing and will also be carrying canoes and other equipment. People of all shapes, sizes and fitness levels have enjoyed Outdoor Adventure Skills. A certain amount of physical preparation will ensure that you get the most from your experience. To best prepare yourself for the program, you should be able to perform the following self test of course preparedness:

- Ride a mountain or fat tired bike for 6 km over uneven terrain in less than an hour
- Hike a moderate trail with a full day pack for 3 km in less than an hour
- Using any stroke, swim 10 laps of a 25 metre pool without stopping
- Paddle a canoe with a partner for 3 hours covering 9 km with one 5 minute break every hour
- Carry a 65 pound canoe, tandem, over a 500 metre portage
- Cross country ski, on rolling groomed trails, keeping a pace of 4 km per hour.

**Career Opportunities**

Some of the career opportunities include working for traditional and non-traditional adventure tourism outlets and in partnership with travel operators and other segments of the tourism industry. You might also find employment with recreational facilities, government agencies, parks, marine facilities, resorts, camps, outdoor education centres or specialty outdoor equipment stores.

Employment in the field of outdoor adventure often requires a clean criminal record.
Minimum Admission Requirements
Students applying to Outdoor Adventure Skills must meet the following requirements:

» OSSD with majority of credits at the Workplace (E) level including Gr 12 (E)English

Where Workplace level courses are listed, C, U and M courses will be accepted.
For programs requiring a majority of credits at the Workplace level, OLC4O will be counted as an acceptable English course.

Other program requirements:

» Prior to the start of first semester, students must obtain Standard First Aid and CPR level C certificates
» A Current Criminal Records Check (vulnerable sector included) is required before you can participate in one of the field experiences in semester two. This criminal record check is arranged by the organization providing the field experience, at no cost to the student. Please contact the coordinator if you have concerns about the criminal records check.

Mature Students
If you are 19 years of age or older before classes start, and you do not possess an OSSD, you can write the Canadian Adult Achievement Test to assess your eligibility for admission. Additional testing or academic upgrading may be necessary to meet specific course requirements for this program.

Vocational Learning Outcomes

» Develop and upgrade a variety of administrative skills specific to outdoor adventure leadership including creating and/ or reviewing trip plans, health documents, and insurance waivers.
» Protect the outdoor natural environment by using appropriate outdoor strategies and skills.
» Develop communication, leadership and facilitation skills by engaging with peers and instructors in various outdoor adventure trips and activities.
» Apply effective risk management strategies for outdoor pursuits.
» Plan and implement effective non-commercial adventure experiences in appropriate settings.
» Participate successfully in various adventure activities such as canoeing, tripping, snowshoeing, backpacking, rockwall climbing and camping and keep personal records using a log of field experiences.
» Select, maintain, use and manage appropriate equipment and clothing for a variety of adventure pursuits.
» Complete industry-related certifications in various chosen outdoor adventure skills and related certification courses offered during the program.
» Maintain the proper level of fitness and health for selected adventure skills and for the outdoor climate.

Courses and Descriptions
### SEMESTER 1

<table>
<thead>
<tr>
<th>Course</th>
<th>Code</th>
<th>Hours</th>
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<tbody>
<tr>
<td>Certification and Training I</td>
<td>APST 75</td>
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<td>Communications I</td>
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<td>Fall Field School</td>
<td>APST 76</td>
<td>52</td>
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<td>Outdoor Adventure Leadership</td>
<td>TOUR 42</td>
<td>45</td>
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<tr>
<td>Trail Design and Construction</td>
<td>FREC 2</td>
<td>45</td>
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<tr>
<td>Trip Planning</td>
<td>TOUR 39</td>
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### SEMESTER 2

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<td>Ecosystem Skills</td>
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<tr>
<td>Outdoor Adventure Risk Management</td>
<td>TOUR 40</td>
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<td>Outdoor Programming Camp</td>
<td>APST 122</td>
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<td>Tourism and Trends in Outdoor Adventure</td>
<td>TOUR 41</td>
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<td>Winter Activities Field School</td>
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<td>52</td>
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<td>General Education Elective</td>
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