

Multicultural Showcase – Virtual Edition

Saturday March 27, 2021 – Live Sessions

Join us for live sessions throughout the day.

REGISTER EARLY

Follow the event links to register early. You'll receive a reminder and will enter the session automatically.

BEFORE YOU START:

- All virtual sessions will require that you download Webex. [Download it here](#)
- All virtual sessions will require a computer camera and microphone.
- Kahoot games will require a computer or a laptop, and a cell phone. [Download Kahoot here](#)

All Fleming students who participate in 3 or more live sessions are eligible to win prizes.

■ 8 a.m. to 9 a.m. – If you didn't know, now you know! Kahoot Game of Word Synonyms and Definitions

Test your knowledge of synonyms and the meaning of words by choosing the correct answer from a definition or a picture, while interacting and meeting new people.

Hosted by Arpit Singh, Amandeep Kaur, and Amanpreet Kaur

First, download the app: www.kahoot.com

Then, join the event, where we will provide you with a PIN.

[Join the event](#)

Meeting number: 157 157 4645

Password: Showcase

■ 9 a.m. to 10 a.m. – Learn the Basics of Taekwondo with Blue Wave Taekwondo

Join Master Marcelo Sarkis on an easy-to-follow Taekwondo session. Learn basic moves and enjoy benefits of Taekwondo.

Hosted by Cristina Sad and Master Marcelo Sarkis

About Master Marcelo Sarkis and Blue Wave Taekwondo: Marcelo Sarkis started his martial arts path in 1978, obtaining his black belt in 1980. He has competed in multiple tournaments, studied with international masters and is ranked Kukkiwon 6th dan. He cofounded Blue Wave Taekwondo Canada in

Peterborough, where he has taught both children and adults. Two of his students, newcomers from Syria, won gold, two silver and two bronze medals in the World Master Taekwondo Games.

bluewavetaekwondo.ca

[Join the event](#)

Meeting number: 157 550 8104

Password: Showcase

10 a.m. to 12 p.m. – A cup of Joy – World Music and Poetry Café

Connect with likeminded individuals for a friendly and interesting discussion about world music. Join in with your instrument, sing your favorite song or simply chat with us about your love of music and poetry.

Hosted by João Geteneli Lopes Borges and Naman Khandelwal

Special guests: Jemar Phoenix, Lorinda Frudd, and best friends Erin Blackstock & Joanna Van Ginkel

About our special guests:

Jemar Phoenix is a singer-songwriter and producer from New Haven, CT, and one-half of the band, The Hooch. His style is a cross between Bruno Mars, Jason Mraz and Lauryn Hill. thehooch.com

Lorinda Frudd is one half the local folk, country and classic rock duo, The Ilk. reverbnation.com/lorindafrudd

Erin Blackstock and Joanna Van Ginkel are Best Friends who sing together!

facebook.com/erinblackstockmusic

[Join the event](#)

Meeting number: 157 514 5864

Password: Showcase

12 p.m. to 1 p.m. – Kahoot Game of Traditional Food Trivia

Test your knowledge about traditional food from around the world with a chance to win prizes. Open to all ages.

Hosted by Sophia Dang and Supriya Sorout

First, download the app: kahoot.com

Then, join the event, where we will provide you with a PIN.

[Join the event](#)

Meeting number: 157 707 9476

Password: Showcase

1 p.m. to 2 p.m. – Musical Tambola Bingo

Participate in this fun Musical Tambola (lottery style). You will have a ball trying to find the correct song while marking them in a bingo card.

Hosted by Supriya Sorout, Shamsha Nathani and Aayushi Shah

[Join the event](#)

Meeting number: 157 573 7119

Password: Showcase

■ 1 p.m. to 2 p.m. – Learn to Meditate for Better Sleep

Good sleep is so important to well-being. This meditation workshop will help you find a deep state of relaxation you can return to each night to have a satisfying and restorative sleep.

You will need a comfortable and quiet space for about 15 minutes.

Hosted by Fred Wood of Canada Meditates

About Fred Wood: Fred is a guided meditation creator and producer and founder of Canada Meditates. He is also a faculty member in Communications at Fleming college. [Find his meditations here](#)

[Join the event](#)

Meeting number: 157 882 7682

Password: Showcase

■ 2 p.m. to 3 p.m. – Housebound Scavengers Assemble

Use the online skills you have learned during this new era of learning and working from home to win this Scavenger Assemble hunt. Participants can play in groups or solo depending on their internet browsing levels and social media knowledge. Make sure you have someone in your team who uses social media and has good internet connection for fast browsing.

Hosted by Avanthika Nakkeeran and Leela Jacob

[Join the event](#)

Meeting number: 157 318 9246

Password: Showcase

■ 3 p.m. to 4 p.m. – A cup of Joy – World Music and Poetry Café

Connect with likeminded individuals for a friendly and interesting discussion about world music. Join in with your instrument, sing your favorite song or simply chat with us about your love of music and poetry.

Hosted by Kriska Javier and Cristina Sad

Special guests: Sarah-Jayne Riley, Jemar Phoenix & Mike D. from The Hooch (USA)

About the special guests:

Sarah-Jayne Riley is a singer-songwriter from Peterborough with a bluesy vibe and an impressive vocal range. sjrileymusic.com

Jemar Phoenix and Mike D. formed the Hooch, a New Haven band, in 2013 and have been recognized

for the high quality of their live performances. Their radio quality sound combines elements of pop, soul, and smooth vocals to create a pleasant, and unique experience that they have rightfully dubbed "Acoustic Magic". thehooch.com

[Join this event](#)

Meeting number: 157 803 9862

Password: Showcase

■ 5:15 p.m. to 6:15 p.m. – LOL with Linda Kash

Feeling the need for a laugh? Of course you are. Join well-known actor, director and comedian extraordinaire Linda Kash in this fun, easy-to-learn improv game and workshop where you won't be able to keep a straight face. We dare you!

Hosted by Linda Kash

About Linda Kash: Linda Kash is a familiar face to Canadians as the Kraft Philadelphia Cream Cheese angel and has an extensive career of credits in television and film including Seinfeld, Everybody Loves Raymond, Waiting for Guffman, Best in Show and the Fargo series opposite Ewan MacGregor. She runs the Peterborough Academy of Performing Arts (PAPA), founded in 2007 with her late husband Paul O'Sullivan, teaching improv and acting skills to children, teens & adults. During Covid 19, Linda created the online learning platform Klusterfork; offering unique access to the best in the entertainment industry klusterfork.com

[Join the event](#)

Meeting number: 157 856 2258

Password: Showcase