

## Required Equipment for all Motorcycle Courses

When participating in a Motorcycle Course, it is required that you come equipped with suitable gear and wear it at all times during the hands-on riding exercises. The following is a list of mandatory equipment needed to participate in any of our Motorcycle Training Programs:

### Helmet

Helmets are perhaps the most important piece of motorcycle equipment you will own. When taking a course with Fleming College, it is mandatory to wear a DOT/SNELL/ECE approved motorcycle helmet at all times when seated on a motorcycle – even if the engine is not running. We require that the helmet be in good condition and of proper fit.

**We strongly recommend a full-face helmet**, although approved helmets of less protective design are acceptable.

### Jacket

A sturdy jacket must be worn at all times. Arm coverage from shoulder to wrist is required – sleeveless vests are not acceptable. Leather or a synthetic designed for motorcycling is best; however, a heavy denim jacket is an acceptable compromise. The jacket must be in good condition with no major seam flaws or tears, and the closure mechanism (zipper or buttons) must work and be done up at all times.

### Boots

Our course requires sturdy boots that completely cover your feet and ankles. Boots must be high enough to cover the ankle bone and ensure there is no lower leg skin showing. Acceptable footwear includes leather (preferred) construction boots, sturdy hiking boots, cowboy boots, and “army boots”. Steel toe boots are acceptable but not recommended as they don’t offer ideal flexibility.

**Lightweight canvas, sneakers, and dress shoes are not acceptable.**

If boots fasten with laces they should be tucked in so they don’t dangle.

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#### LINDSAY

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Lindsay, ON K9V 5E6  
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#### COBOURG

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Cobourg, ON K9A 5J4  
T. 905 372.6865  
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#### HALIBURTON

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Haliburton, ON K0M 1S0  
T. 705 457.1680  
F. 705 457.2255

## Pants

Long-legged pants of a sturdy material are required. Leather or motorcycle synthetics are great, but denim in good condition is acceptable. There must be no rips or tears in the material, and they must be long enough to cover the top of boots to ensure the lower leg is not exposed.

## Eyes

Eyes must be protected at all times while riding. A helmet visor is best (but it must be down) or you can wear goggles, glasses, or sunglasses.

Inexpensive clear eye goggles for workshop use are acceptable and can be purchased at any hardware store.

## Gloves

Gloves must be full fingered and extend past the wrist bone. Full leather gloves are ideal; however canvas or synthetic is acceptable as long as the palms are leather. Proper fit is a must. A second pair of gloves should be considered to ensure comfort during rain or heat.