

CCAA ACSC

**OCAA**



FLEMING ATHLETICS 705.742.1517



EXTRAMURAL BARBELL CLUB



**FLEMING  
KNIGHTS**



**2017/18**

# EXTRAMURAL BARBELL CLUB

DATE	HOME	VISITOR	TIME	LOCATION
Feb 10 - 11	Seneca	Fleming	9 - 4 PM	Markham

COACHING STAFF	
Head Coach: Nick Stone	<a href="mailto:nick.stone@flemingcollege.ca">nick.stone@flemingcollege.ca</a>

TEAM MEETING	
Sept 8	PSWC Meeting Room C 6 PM

MANDATORY SESSIONS	
Oct 2	PSWC Meeting Room B 5:30 PM

PRACTICES	
Monday	-
Tuesday	-
Wednesday	-
Thursday	-
Friday	-
Saturday	-
Sunday	-

