

# Personal Support Worker

<b>Program Locations:</b>	Peterborough
<b>Program Code:</b>	PWS
<b>Co-ordinator:</b>	Janice Lee-Foxon
<b>Credential:</b>	Ontario College Certificate
<b>Start Dates:</b>	September 04, 2012 - January 07, 2013
<b>Tuition Fees:</b>	\$1,961.45 per semester. Tuition and fees subject to change.



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**The Personal Support Worker program gives you the training and credentials to provide practical support services to individuals and families in need of help. It's a satisfying, people-focused career.**

## Program Highlights

As a graduate of the Personal Support Worker program, you will provide support services to individuals and families in need of assistance. With this satisfying, people-focused career, you will be prepared to assist children, adults, and seniors with special needs or disabilities, and help them maximize their life experience. You can start the program in September or January at both our Peterborough and Lindsay campuses.

This two-semester Personal Support Worker program may particularly appeal to those re-entering the workforce. In total, you'll get approximately 400 hours of relevant theory and approximately 300 hours of real-life, clinical training. The focus of this program is on:

- lab components throughout both semesters
- hands-on, task-oriented skills and practice time
- course content related to long term care and to community care to diversify your experience
- innovative new lab facilities that simulate the work environment
- more theory related to practice

**NOTE:** The clinical placement agency will request that you submit a current police records check, including vulnerable sector. Applicants who have been convicted of an offense under the criminal code for which they have not been pardoned may be denied the opportunity to enter clinical placement.

## Why Choose Fleming

Personal Support Worker is offered in a format that allows you to work while you study. The College ensures the program follows ministry guidelines, and as such, the program is widely recognized by agencies and related employers. There's a consistently high, over 90 per cent employment rate for graduates of this program -- you might be hired before you finish the course.

### St. Joseph's at Fleming

St. Joseph's at Fleming is the first long-term care facility built on a college or university campus. Students from more than 20 programs participate in clinical field practice, applied research, and volunteer initiatives within or associated with the facility, located on the Peterborough campus.

## **Personal Support Worker Bridge to Practical Nursing**

Fleming College now offers a bridge program for Personal Support Worker (PSW) graduates to meet admission requirements for entry to the Practical Nursing program:

- To be eligible for the bridge program, you must present an official transcript indicating that you are a Personal Support Worker graduate
- After successfully completing the required part-time courses, PSWs will be eligible to enter into second semester of Fleming College's full-time Practical Nursing program at the college's campus in Peterborough in January every year. There is room for 30 bridging students to enter the Practical Nursing program.
- Financial support may be available through Ontario Special Bursary Funding (for tuition, books, supplies) or Part-time Canada Student Loans

The bridge program for PSWs who graduated with an Ontario College Certificate in or after 2006 is generally 2 courses. For all other PSW graduates, the bridge program is typically 5 or 6 courses. Your application will be assessed to determine which bridge courses you need and if you are eligible for any exemptions.

## **Is this You?**

You have a desire to work with and care for people of all ages to assist them to attain their physical, emotional, mental and spiritual needs. The following personality traits and skills would also be an asset in your studies and eventual career:

- empathy
- concern for improving others' quality of life
- respect for cultural differences and family dynamics
- excellent interpersonal skills
- self-discipline
- good oral communication skills
- good physical health

Volunteer work experience of any kind is an asset, as is any previous experience caring for people of differing needs and abilities. Students would benefit by having basic computer skills including e-mail, word processing, file management and web browsing.

## **Career Opportunities**

Choose from a variety of work settings:

- long-term care facilities
- group homes
- community agencies
- hospitals
- schools
- day care centres (children or adults)
- home care agencies

## Minimum Admission Requirements

- OSSD with the majority of credits at the Workplace (E) level, including English.

When Workplace (E) is the minimum course level for admission, (C) and (U/C) courses are also accepted.

## Mature Students

If you are 19 years of age or older before classes start, and you do not possess an OSSD, you can write the Canadian Adult Achievement Test to assess your eligibility for admission.

## Additional Requirements

3 weeks prior to work experience all students in this program **MUST** present the following Non-Academic Field Requirements:

- A current Standard First Aid certificate (issued within the last 3 years of the placement dates)
- A current CPR-C Level certificate (issued within one year of the placement dates)
- A police record check, including vulnerable sector screening (issued within 3 months of the placement dates)
- A completed immunization record including vaccination against Hepatitis B. The required immunization form for your program can be printed from the [Immunization Information page](#)

**Please note:**

- Vaccination against seasonal flu is mandatory in some clinical placement agencies and strongly recommended for all others.
- An N95 Mask Fit Testing clinic will be held within the first month of school.

Failure to provide this information by the due date will result in an inability to participate in the mandatory placement component of your program of study.

## Related Programs

If you want to work with people to maximize their quality of life, you might also want to consider either the Practical Nursing or Occupational Therapist Assistant/Physiotherapist Assistant programs.

# Curriculum for Personal Support Worker

## Semester 1

<b>Code</b>	<b>Course Name</b>	<b>Hours</b>
NRSG 175	Application and Interventions for PSW I	75
NRSG 177	Clinical Preparation and Success Strategies for PSW	21
HLTH 65	Concepts in Health Care	15
HLTH 244	Healthcare Concepts for Personal Support Worker	30
SOCI 69	Interpersonal Skills	45
COMM 22	Introduction to College Communications	45
NRSG 151	Non-Violent Crisis Intervention	7
NRSG 176	PSW Clinical I: Long Term Care	84

## Semester 2

<b>Code</b>	<b>Course Name</b>	<b>Hours</b>
NRSG 179	Applications and Interventions for PSW II	35
NRSG 180	Client Care in the Community	35
SOCI 25	Human Growth and Development	45
COMP 345	Introductory Computing	45
NRSG 146	PSW Clinical II: Long Term Care	84
NRSG 178	PSW Clinical III: Community Clinical Consolidation	112

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