

# Outdoor Adventure Skills

<b>Program Location:</b>	Lindsay
<b>Program Code:</b>	OAS
<b>Co-ordinator:</b>	Richard Whitteker
<b>Credential:</b>	Ontario College Certificate
<b>Start Date:</b>	September 03, 2013
<b>Tuition Fees:</b>	\$2,890.75 per semester. Tuition and fees subject to change.



---

**Do you love the outdoors? With the Outdoor Adventure Skills program you can hone your skills and obtain certifications required for prospective employment in this sector.**

## Program Highlights

Do you like working with people? The two-semester Outdoor Adventure Skills certificate program is designed for those who love the outdoors, and want to develop their skills, to train and certify prospective adventure tourism employees, and provide specialization for tourism or recreation students. You can obtain several certifications in this one program, in one timeframe, at one location. To acquire these certifications would ordinarily require travel all across Ontario, throughout the year. You can obtain certifications such as:

- Flatwater Canoeing
- Canoe Tripping
- Black Bear Safety
- Survival Skills
- Certified Hike Leader
- Bronze Cross swimming qualifications
- Wilderness First Aid
- Ice Safety

These certifications, combined with trip planning, risk management, leadership and program planning training, are an attractive skill set to employers. Two field camps, in Fall and Winter, will give you the opportunity to really hone your teamwork and leadership skills - essential requirements for successful outdoor expeditions. As well, you will get a chance to participate in activities such as mountain biking, high ropes courses, winter camping, snowshoeing, cross country skiing, and dog sledding. A visit to a variety of outdoor centres and a canoe museum are examples of the many field trips included in the program.

Please see this page for a list of equipment/gear that you will need for this program.

In this program, you will spend almost as much time outdoors as inside the classroom, with three days of classes and two days of adventure skills and certifications training per week. You will develop professional skills while you experience personal growth and gain a deeper appreciation for the outdoors and the natural environment.

Upon graduation, you may decide to seek employment or to continue your education in a related program such as the Outdoor and Adventure Education Diploma, Fish and Wildlife Technician, Recreation and Leisure Services, or Tourism and Travel program. You will gain exemptions in these Fleming College Diploma programs for some of the courses that you completed in the Outdoor Adventure Skills program.

## Is this You?

To enjoy the Outdoor Adventure Skills program, you do not have to be an athlete. The program has elements best suited for the reasonably fit, active individual. However, certain field trips and the field camps can be physically demanding. You will be riding, paddling, hiking and skiing and will also be carrying canoes and other equipment. People of all shapes, sizes and fitness levels have enjoyed Outdoor Adventure Skills. A certain amount of physical preparation will ensure that you get the most from your experience. To best prepare yourself for the program, you should be able to perform the following self test of course preparedness:

- Ride a mountain or fat tired bike for 6 km over uneven terrain in less than an hour
- Hike a moderate trail with a full day pack for 3 km in less than an hour
- Using any stroke, swim 10 laps of a 25 metre pool without stopping
- Paddle a canoe with a partner for 3 hours covering 9 km with one 5 minute break every hour
- Carry a 65 pound canoe, tandem, over a 500 metre portage
- Cross country ski, on rolling groomed trails, keeping a pace of 4 km per hour.

## Career Opportunities

Some of the career opportunities include working for traditional and non-traditional adventure tourism outlets and in partnership with travel operators and other segments of the tourism industry. You might also find employment with recreational facilities, government agencies, parks, marine facilities, resorts, camps, outdoor education centres or specialty outdoor equipment stores.

Employment in the field of outdoor adventure often requires a clean criminal record.

## Minimum Admission Requirements

- OSSD with the majority of credits at the Workplace (E) level, including English.

When Workplace (E) is the minimum course level for admission, (C) and (U/C) courses are also accepted.

## Mature Students

If you are 19 years of age or older before classes start, and you do not possess an OSSD, you can write the Canadian Adult Achievement Test to assess your eligibility for admission.

### **Additional Requirements**

Prior to the start of first semester, students must obtain Standard First Aid and CPR level C certificates from one of the following organizations:

- Lifesaving Society
- St. John's Ambulance
- Canadian Red Cross
- Canadian Ski Patrol

A Current Criminal Records Check (vulnerable sector included) is required before you can participate in one of the field experiences in semester two. This criminal record check is arranged by the organization providing the field experience, at no cost to the student. Please contact the coordinator if you have concerns about the criminal records check.

## Curriculum for Outdoor Adventure Skills

### Semester 1

Code	Course Name	Hours
ECOS 13	Ecosystem Skills	60
FREC 2	Trail Design and Construction	45
TOUR 39	Trip Planning	45
APST 75	Certification and Training I	75
TOUR 42	Outdoor Adventure Leadership	45
APST 76	Fall Field School	52

### Semester 2

Code	Course Name	Hours
TOUR 40	Outdoor Adventure Risk Management	45
TOUR 41	Introduction to Adventure Tourism	45
APST 122	Outdoor Programming Camp	40
APST 77	Winter Activities Field School	52
APST 78	Certification and Training II	60
GNED 33	Professional Portfolio Development	45

*Every attempt is made to ensure the accuracy of the information on our website and in our publications. The College reserves the right to modify or cancel any course, program, fee, timetable, or campus location at any time.*