

# Occupational Therapist Assistant and Physiotherapist Assistant



<b>Program Location:</b>	Peterborough
<b>Program Code:</b>	POA
<b>Co-ordinator:</b>	Kelly McKnight
<b>Credential:</b>	Ontario College Diploma
<b>Start Date:</b>	September 04, 2012
<b>Tuition Fees:</b>	\$1,864.70 per semester. Tuition and fees subject to change.

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**Occupational Therapist and Physiotherapist Assistants work with registered occupational and physiotherapists therapists to enable clients to cope with their limitations in movement, daily function, activity and/or occupational performance, whether temporary or permanent.**

## Program Highlights

With ever-increasing numbers of aging people requiring assistance to continue a full life, the need has never been greater for occupational therapists(OTs), physiotherapists (PTs) and their assistants. While a great deal of work these days is with seniors, there's also much to be done with those recovering from surgery, health conditions such as cancer or stroke, and chronic conditions such as arthritis. You can help people get back into their lives - as a Occupational and Physiotherapist Therapist Assistant.

As a OTA and PTA, you'll help awaken people's physical potential - and learn more about yourself in the process. Throughout the deliberately broad-based four-semester program, you'll learn how to assist clients to achieve their health goals.

Rather than focus your studies exclusively on the occupational therapy **or** physical therapy streams, you will develop the ability to work with both professions.

## Success Stories

*"Two graduates of the program work in our clinic, enabling us to dramatically increase our efficiency. With these assistants as part of the team, our Physiotherapists can delegate prescribed treatments and programs. This allows us more time for manual techniques, monitoring individual exercise programs and treatment planning."*

**Brenda Wilson-Rupay, B.H.Sc. P.T.**

Clinic Co-ordinator

Lindsay Physiotherapy Services, Lindsay, Ontario

## Why Choose Fleming

Fleming offers a two-year program where you'll get cross-training in both occupational and physical therapy. Graduates will be critical thinkers with demonstrated problem solving abilities, strong interpersonal and communication skills and will possess a solid foundation in relevant health sciences.

## **St. Joseph's at Fleming**

St. Joseph's at Fleming is the first long-term care facility built on a college or university campus. Students from more than 20 programs participate in clinical field practice, applied research, and volunteer initiatives within or associated with this facility.

## **Work Experience**

In three of the four semesters, you will participate in field experience, which will give you the opportunity to put your in-class studies to work. Faculty can arrange at least one placement in an area of interest, if you so desire. Many field and clinical agencies require you to submit a current police records check, which is available from your local police department upon payment of a fee. In addition, you will be required to provide a current Standard First Aid Certificate, a current Basic CPR Certificate (level C) and Proof of Immunization. In many settings, a flu shot is also required.

## **Is this You?**

As with other health-care professions, OT and PT Assistants have to be compassionate, empathetic, and have a genuine concern for people. These are other traits and skills that will help you in the program and your future career:

- emotional maturity
- trustworthiness
- respect for diversity (age, gender, ethnicity)
- ability to maintain boundaries
- problem solving ability
- strong interpersonal skills
- good organizational and communication skills
- ability/willingness to work long hours

Students will be required to acquire CPR (C level) and Standard First Aid Certification prior to classes.

## **Career Opportunities**

You'll work as a OTA and/or PTA for such healthcare providers as:

- acute care general hospitals
- rehabilitation and convalescent facilities
- nursing homes, long term care facilities
- community care
- mental health agencies
- vocational rehabilitation programs
- community and government health agencies
- physiotherapy clinics
- schools

## **Minimum Admission Requirements**

OSSD with the majority of credits at the College (C) and Open (O) level, including:

- 2 College (C) English courses (Grade 11 or Grade 12)

- 2 College (C) Science courses (Grade 11 or Grade 12)

When (C) is the minimum course level for admission, (U) or (U/C) courses are also accepted.

**Recommended:**

- Grade 11 and 12 University/College (UC) Science.

(Although not required for admission, recommended courses will help prepare you for this program).

## Mature Students

If you are 19 years of age or older before classes start, and you do not possess an OSSD, you can write the Canadian Adult Achievement Test to assess your eligibility for admission. Additional testing or academic upgrading may be necessary to meet specific course requirements for this program.

All applicants will be required to achieve course credit in the mandatory sciences, through Secondary School or through Academic Upgrading programs.

## Related Programs

Considering a range of careers in the healthcare field? The Personal Support Worker, Massage Therapy or Practical Nursing programs may also appeal to you. Upon graduation from the OTA and PTA program, you might also consider taking more education at the university level to become a physical or occupational therapist.

## Health Requirements

You should be in good physical and mental health. Independent physical mobility and manual dexterity are essential. If you have a complex medical history, we strongly advise you to discuss your concerns with the program co-ordinator, and to consult with your doctor.

## Immunization Requirements

This program has immunization requirements. For more information, and to print the required immunization form, please see the Immunization Information page.

## Additional Costs

Books and supplies are most expensive in the first year of the program (approximately \$1,200). Second year textbooks are an additional \$250.

## Transfer Agreements

We are committed to providing students and graduates with flexible options to get maximum recognition of their college studies. Through joint programs and transfer agreements with the following universities, you can apply the learning you acquire at Fleming College to earn a related degree in less time, and at less cost.

- University of New Brunswick
- University of Ontario Institute of Technology

# Curriculum for Occupational Therapist Assistant and Physiotherapist Assistant

## Semester 1

Code	Course Name	Hours
HLTH 35	Basic Clinical Skills I	60
COMM 79	College Communications for the Helping Professions	37
HLTH 65	Concepts in Health Care	15
HLTH 245	Healthcare Concepts for Physiotherapist Assistant and Occupational Therapist Assistant	30
SCIE 18	Introduction to Physiology	75
SOCI 36	Introduction to Psychology	45
SCIE 22	Introductory Anatomy	60
COMP 345	Introductory Computing	45

## Semester 2

Code	Course Name	Hours
HLTH 36	Basic Clinical Skills II	60
SCIE 61	Clinical Pathology	60
COMM 159	Communicating at Work for the Health Professions	45
FLPL 85	Field Experience Preparation	30
SOCI 69	Interpersonal Skills	45
HLTH 269	Therapeutic Exercise Anatomy for the OTA and PTA	105

## Semester 3

Code	Course Name	Hours
HLTH 41	Essential Skills for the OTA	105
HLTH 42	Essential Skills for the PTA	105
FLPL 86	Field Experience I	100
SOCI 25	Human Growth and Development	45
HLTH 40	Strategies for Communication Disorders	15

## Semester 4

<b>Code</b>	<b>Course Name</b>	<b>Hours</b>
HLTH 43	Clinical Case Studies	90
FLPL 87	Field Experience II	200
FLPL 88	Field Experience III	225
HLTH 44	Selected Topics in Rehabilitation	28
GENED	General Education Elective	

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