

Expressive Arts

Program Location:	Haliburton
Program Code:	EXA
Co-ordinator:	Shelley Schell
Credential:	Ontario College Graduate Certificate
Start Date:	May 06, 2013
Tuition Fees:	\$1,657.70 per semester. Tuition and fees subject to change.



Expressive Arts offer people of all ages the opportunity to express themselves through art, craft, writing, music, movement, and narrative arts.

Program Highlights

Getting through life's challenges and crossroads is often difficult. While traditional therapies and counselling are helpful, sometimes at these moments we need to tap into our deepest creative self to deal with our feelings and emotions. Fleming's Ontario Graduate Certificate in Expressive Arts is a helpful addition to the counselling, teaching, or ministry you currently offer others. As a teacher, artist, nurse, social worker, minister, or someone in a caring profession, you will benefit from knowing how to facilitate the development and transformation of the people in your care, through expressive arts.

You will explore your own creativity and learn how to design and deliver expressive arts programming to people in a variety of circumstances. In addition, you will examine the theoretical and practical approaches to expressive arts as therapy, and learn how to protect yourself from burnout. Mandatory courses include Exploration of Therapeutic Relationships, Introduction to Expressive Arts Therapies, Planning Expressive Arts Experiences and Professional Issues with the Expressive Arts. The additional four courses focus on various modalities, including music, dance, clowning, mask, storytelling and art making. You may take this certificate on a part-time basis, course by course, or in an intensive eight-week format offered each spring.

Part-time students pay individual course registration fees. Individual course registrations (\$299.74 plus materials per course) will be considered in the 8-week program on **March 26, 2012**, dependent upon the complete program registration level and space availability. Up to 5 courses can be taken within the spring 8-week program and a limited number of courses are also available each summer.

Why Choose Fleming

Our particular approach to training in the Expressive Arts is unique. We offer the certificate with the flexibility of studying full or part-time so professionals currently working can fit this training into their busy schedules. Backed by the reputation of the Haliburton School of The Arts, and many enthusiastic instructors with experience in counselling therapies and/or the arts, you will benefit professionally and personally from your time spent in pursuit of this certificate.

Is this You?

- an interest in the arts
- good communication skills

- empathy, tact and sensitivity
- cultural awareness and diplomacy
- a holistic attitude toward health and well-being
- confidentiality
- active listening skills
- active work on your own self-development
- previous work experience in a therapeutic capacity is an asset

Career Opportunities

The Expressive Arts Certificate will be a useful complement to an existing career in education, counselling, social work, social service, the arts or ministry. With the broad-based focus of this certificate, expect to find yourself using many of the skills you have learned in the workplace on a daily basis.

Minimum Admission Requirements

The minimum admission requirement is a human service or arts Ontario College Diploma or university degree. Applicants who do not have the academic admission requirements as stated above, but who have relevant experience will be considered on an individual basis. These requirements apply to full-time and part-time studies.

Transfer Agreements

We are committed to providing students and graduates with flexible options to get maximum recognition of their college studies. Through joint programs and transfer agreements with the following universities, you can apply the learning you acquire at Fleming College to earn a related degree in less time, and at less cost.

- ISIS Canada

Curriculum for Expressive Arts

Semester 1

Code	Course Name	Hours
ARTS 91	Exploration of Therapeutic Relationships	47.5
ARTS 774	Expressive Arts - SoundWork & BodyPlay	47.5
ARTS1606	Expressive Arts - Wording Liminal Space	47.5
ARTS 436	Expressive Arts Modalities	47.5
ARTS 112	Introduction to Expressive Arts Therapies	47.5
ARTS 171	Planning Expressive Arts Experiences	47.5
ARTS 183	Professional Issues with the Expressive Arts	47.5
ARTS1028	Storytelling and Sandtray Therapy within the Expressive Arts	47.5

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