



# School of Environmental & Natural Resource Sciences

Frost Campus | Fleming College



# Welcome!

## Student Life At Fleming

# RESPECT at Frost Campus

- To promote respect for people, the environment, and property at Fleming College, Frost Campus.
- To challenge unhealthy social norms and build on the idea that while we may all be different, we are all connected.
- To ensure that we all learn in a safe, inclusive, and respectful environment



# Fleming College Community

## Student Rights and Responsibilities Policy

- The Right to learn in a safe, confidential and respectful environment
- Students take responsibility for their own learning.



## Safety and Security on Campus

- Ext. 8000 - Non-Emergencies e.g. Battery Booster
- Ext. 4444 – for Emergencies e.g. Immediate danger
- Safe Walk Service
- Fire & Lockdown Drills
- Portal – Divisions/Councils – Safety at Fleming
- Information Booth in main foyer for security staff



# Service Departments

- Learning Support Services
- Counselling / Disability Services
- Student Association
- Career Services
- First Generation
- Aboriginal
- Health
- Office of the Registrar
- Library
- Students for Sustainability
- Athletics and Recreation
- Orientation / Week 1 Schedule



# Learning Support Services – Room 225

Learning support services available to all students:

- Alternative Testing
- Math Labs
- Communications Labs
- Computer Labs
- Study Skills Workshops
- Learning Strategies
- Peer Tutoring
- Delivery of Disability accommodations

Hours: Monday to Friday 8:30 am – 4:30 pm

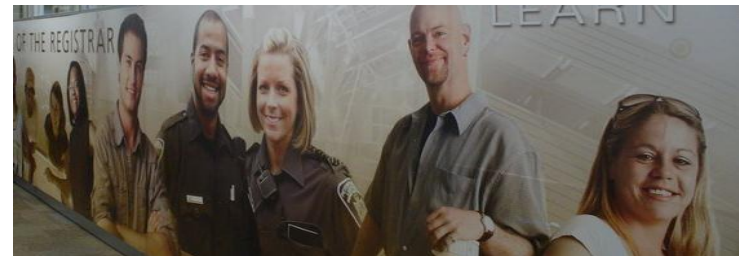


# Counselling Services & Disability Accommodations

**The Counselling Department offers a variety of services delivered by qualified practitioners.**

Counsellors are available to help students to resolve issues in a supportive and confidential environment relating to:

- academic
- disability
- personal



## **Disability Accommodations:**

Documentation must be provided and you should make an appointment with a Counsellor for late August or early September – come see us in Room 254.

# Student Association

## Jordan Hitchcock - President

The Student Association (SA) at Fleming provides:

- Student representation and Advocacy
- Student food bank
- Student Health Plan – deadline to opt-out – see SA

Twitter: @SSFCFrostSA

Facebook: facebook.com/SSFCFrostSA

Located upstairs in the Auk's Lodge, stairs on left as you enter the Lodge through Café.





# FROST ORIENTATION 2014

**MONDAY SEPTEMBER 1<sup>ST</sup>**

SWAG BAG PICK-UP + CONCERT  
TICKET SALES (RES ONLY)

**TUESDAY SEPTEMBER 2<sup>ND</sup>**

SWAG BAG PICK UP + CONCERT TICKET SALES  
(8:00-4:00, AUK'S LODGE)  
& OPENING CEREMONIES @ NIGHT

**WEDNESDAY SEPTEMBER 3<sup>RD</sup>**

AFTERNOON REGATTA GAMES + SHINERAMA BBQ  
& MOVIE NIGHT UNDER THE STARS

**THURSDAY SEPTEMBER 4<sup>TH</sup>**

AUK'S EXPO  
+ GET INVOLVED  
FAIR

**FRIDAY SEPTEMBER 5<sup>TH</sup>**

ON CAMPUS CELEBRATION

**SATURDAY SEPTEMBER 6<sup>TH</sup>**

SHINERAMA + CLOSING  
CEREMONIES

FROST STUDENT ASSOCIATION



TWITTER: @SSFCFrostSA  
FACEBOOK: /SSFCFrostSA



## Student Association

- Entertainment
- Special Events
- Games
- Clubs
- Grad Photos
- And more...



## Living Off Campus

[www.places4students.com](http://www.places4students.com)

1-866-766-0767



Please be a good neighbour:

- Introduce yourself to your new neighbours
- Minimize noise especially at night/weekdays
- Pick up a copy or view online Fleming's: "Good Neighbour Guide"
- Visit [www.flemingcollege.ca/och](http://www.flemingcollege.ca/och) or room 254

## Lindsay Transit



- Extended hours
- Bus stop right in front of campus – 3 times per hour
- Student bus pass available for purchase on campus at the information kiosk
- Transit schedule and map of Lindsay available in Student Services, Room 254
- Shuttle from Lindsay to Peterborough – schedule available in September 2014



## Career Services

- Resume/Cover Letter Critiquing
- Job Search Assistance
- 1-1 Career Advising
- Mock Interviews
- Job Fairs

**Drop by our Resource Centre, Room 285 to speak with:**

**Marie, our Career Educator**





# First Generation Services

## We can assist you with:

Developing your **PORTFOLIO**  
Making **Decisions** & setting **Goals**  
Researching your **Job Options**

Clarifying your **Career Path**  
Determining Your **Skills**  
Knowing what your **Values** are

We can help you get your compass pointing in the right direction...

Topics May Include:

- Setting Goals & Making Decisions
- Transitions-take the step, your bridge will be there
- Satisfying career aspirations; know what you value

Place: Room 286D, ext. 3484

Contact: Leslie Denomme, First Generation Career Advisor



# Aboriginal Student Services

Fleming College recognizes that Aboriginal students come from diverse cultures and traditions and have varying perspectives, needs and goals. No matter what path you come from, Fleming Aboriginal Student Services will help make your transition to the college environment easier.

## We Offer:

- **Aboriginal Student Services Coordinator** - offers culturally appropriate support, provides information and resources, and acts as a link to the college and broader community
- **Aboriginal Counsellor** - works with First Nation, Inuit, and Métis students combining Indigenous knowledge and spirituality with Western strategies to promote successful personal, social, and/or academic functioning.

For further information please contact us:

Kylie Fox      1-866-353-6464 ext. 1311

Laraine Hale   1-866-353-6464 ext. 3275

<http://flemingcollege.ca/services/aboriginal-student-services>



## Health Services Department

**Promotes wellness through education and preventative health measures as well as providing confidential nursing care for Fleming students.**

- Physician On Campus Wednesday's 9:00am-3:00pm.
- Campus Nurse: Betty McNeely is available Monday – Friday,  
No appointment Necessary within posted hours.
- Student Health 101 - Free online health magazine
- Annual Health Fair - interactive and informative agencies
  
- Rabies Session **today** for All Fish and Wildlife students is imperative.



## OFFICE OF THE REGISTRAR

### Our Services Include

- Admissions
- Registration
- Financial Aid
- Bursaries/Scholarships
- Timetables
- Course Selection
- Transfer Credits
- Cashiering – Fee payment etc.
- Student Account Enquiries



# OFFICE OF THE REGISTRAR

## How to Stay Informed

- My Campus Student Portal – Registrar's tab
- Electronic Bulletin Boards
- Facebook
- Twitter
- Text Notifications
- In person



**myCampus Secure Login**  
access your student / staff portal content.

username:

password:

☐ remember me

New Student? [Obtain my username](#)



## OFFICE OF THE REGISTRAR Frost Campus- Hours of Operation



Monday to Friday 8:30 am – 4:30 pm

### Financial Aid

Monday, Wednesday, Friday - 8:30 am – 12:00 noon

Tuesday & Thursday – 1:00 pm – 4:30 pm

# Fleming Library

## Learn – Belong – Become : At Your Library

- Print & Digital Collections
- Books, journals, videos, maps, photocopiers, computers
- eBook collection of 70,000+ titles
- Streaming Video Service
- Access digital resources on campus or from home
- Group Study rooms & Quiet Study rooms
- Reference services
- Evening and Weekend hours during  
Fall & Winter Semesters



# **Students For Sustainability**

## **Office Room 321 – Discovery Trail**

### **[sfs@flemingcollege.ca](mailto:sfs@flemingcollege.ca)**

Students For Sustainability is a student-run, grassroots group that works towards spreading awareness on environment issues and sustainable projects.

- - DIY Workshops
- - Events
- - Meetings
- -Contests

Find us on Facebook and follow us on Instagram @sfsfleming

# Varsity & Co-ed Extramural Programs

## Frost

- LoggerSports
- Extramural Men's & Women's Hockey

## Sutherland

- Basketball
- Cross Country Running
- Curling
- Golf
- Indoor Soccer
- Outdoor Soccer
- Rugby
- Volleyball



# **AUK EXPO**

**Thursday, September 4<sup>th</sup>  
4:00pm – 6:00pm**

**@**

**The Field House**

**FREE FOOD, PRIZES**

**Varsity and intramural information and registration  
meet the coaches, career services, learning support  
services,  
health services, and more!**

**OBSTACLE COURSE, AND DUNK TANK**



# Fieldhouse & Co-ed Intramural Programs

Monday-Thursday: 9:30 am - 10:00pm, Fridays: 8:00 am-4:00 pm

## **Intramural & Recreation Programs**

- Dodgeball
- Ice Hockey
- Volleyball
- Indoor Soccer
- Ball hockey
- Badminton
- Basketball
- Tennis
- Curling
- Flag football



# Lindsay Recreation Complex

## Facility Hours:

- Monday to Friday: 6:00am-10:00pm / Sat & Sun 6:00am-8:00pm

## Facility Amenities

- 25m Pool – 6 Lane (28C-84F) / Therapeutic Pool (35C-96F) / Sauna / Change Facilities & Showers
- 2 Ice Pads, Aquatic & Fitness Classes / Weight Training & Cardio Fitness Gym
- Squash Courts & Meeting Rooms
- Fall Semester Membership commences: September 2, 2014

## Activating your Lindsay Recreation Complex Membership Card

- Present current Student Card or Time Table including Photo ID to receive your Membership Card.
- Questions: Ask for **Tracey Cooper** -Lindsay Rec Fitness & Membership Co-coordinator

# Orientation Week / Week 1 Schedule

<http://youtu.be/nN5fhEt458Q>

# QUESTIONS?



**School of Environmental &  
Natural Resource Sciences**

Frost Campus | Fleming College