

# Drug and Alcohol Counsellor

The Drug and Alcohol Counsellor program will teach you ethical principles, counselling techniques, and theory to meet client needs. Along the way, you'll learn more about yourself.



Fleming College

LEARN | BELONG | BECOME

**Program Code:** DA  
**Credential:** Ontario College Diploma

**Start Date:** September  
**Location:** Peterborough

## PROGRAM HIGHLIGHTS

During the first semester of your educational journey, you'll learn the fundamentals of the human experience and communities, such as interpersonal relationships, social behaviour, and aboriginal history and culture. First semester studies also include an introduction to the field of addictions.

Group process, addictions counselling, leadership skills, field and career orientation, social psychology and pharmacology will be your focus in second semester. Third semester courses focus on abnormal psychology, the legal and ethical aspects of counselling, group counselling, and the management of addictions. You will also explore advanced issues in addictions with a special emphasis on concurrent disorders and gambling. In your final semester, you will practice what you have learned in the previous three semesters in a relevant and rewarding province-wide field placement.

## SUCCESS STORIES

*"My experience during this program was fantastic. It was worth every minute. My goal of making a career change into this field worked like a dream for me. When I graduated, I was prepared, because of what I learned at Fleming College. If I had a choice of any job, this is the one I would choose."*

**Rick Mayoh**  
Trauma and Addictions Counsellor  
Tungasuvvingat Inuit Mamasarvik Healing  
Centre, Ottawa

## WHY CHOOSE FLEMING

Fleming's Drug and Alcohol Counsellor program offers unique, broad-based training which enables graduates to work in areas that used to be available only to youth workers or social workers. When you graduate, you may choose to complete a four-year degree in the field through the University of Lethbridge.

## WORK EXPERIENCE

Take your classroom experience on the road – and apply it to one of many field placement opportunities across the province in Semester 4. Agencies may require a current police records check available from your local police department upon payment of a fee. You may also be required to provide a current Standard First Aid Certificate, a current Basic CPR Certificate (level C) and Proof of Immunization.

## IS THIS YOU?

To work in this field, you need:

- empathy toward people "on the fringe"
- crisis management skills
- the ability to work as part of a team
- emotional maturity

## CAREER OPPORTUNITIES

Employment opportunities include work in withdrawal management and residential facilities, in shelters, and assessment and referral agencies, as a counsellor, case manager, therapist or relief staff. In particular, Aboriginal students are encouraged to consider this program, as First Nations communities are acknowledging a need for addictions counselling.

## MINIMUM ADMISSION REQUIREMENTS

Higher Secondary Certificate or Standard XII with a minimum 50% average. Minimum English language proficiency: IELTS: 6.0.

## RELATED PROGRAMS

Interested in other helping professions? You might also consider the Social Service Worker program.

## HEALTH REQUIREMENTS

### Immunization Requirements

This program has immunization requirements. For more information, and to print the required immunization form, please see the Immunization Information page.

## DRUG AND ALCOHOL COUNSELLOR

### CURRICULUM

PROGRAM	CODE
<b>SEMESTER 1</b>	
Aboriginal History and Culture	GNED0049
College Communications for the Helping Professions	COMM0079
Counselling Skills I	COUN0055
Human Growth and Development	SOCI0025
Introduction to Addictions	COUN0016
Introduction to Psychology	SOCI0036
Introductory Computing	COMP0345
<b>SEMESTER 2</b>	
Abnormal Psychology	SOCI0001
Addiction and Families	COUN0081
Communicating at Work for the Helping Professions	COMM0146
Ethics and Professional Drug and Alcohol Practice	COUN0083
Field Preparation I	FLPL0061
Management and Assessment	COUN0082
Pharmacology Related to Addictions	COUN0025
<b>SEMESTER 3</b>	
Advanced Addiction Methods	COUN0087
Applied Skills	COUN0088
Concurrent Disorders	COUN0084
DA Group Facilitation and Practice	COUN0086
Field Preparation II	FLPL0065
Trends in Addiction	COUN0085
General Education Elective	
<b>SEMESTER 4</b>	
Field Work Experience	FLPL0070